

New Champions and Records Set

A new British Side-Saddle Show Jumping Record was set during Aintree's annual Showing Show, which may also be making its way into the World Record Books.

Susan Oakes from County Meade in Ireland travelled over to the

competition, which was staged in the Aintree Equestrian Centre and together with her mount, Brandy & Red, set a new British side saddle jumping record of 5ft 8 ¼ inches. Remarkably, Susan, who hunts side-saddle, has only been Show Jumping for 8 weeks before the competition.



Injury, Box Rest and OM3 to Hasten Healing

Did you know that certain feed ingredients will retard a body's ability to self-heal, e.g. sugars, acids?

Conversely, recently discussed research clearly demonstrates that by supplementing with pure sources of Omega 3 (not OM6), the body's ability to self heal can be hastened. Dr Tania Cubitt PhD discussed these exciting equine findings at the 2012 Alltech Symposium in Lexington, Kentucky (research for humans and small animals is already in the public domain!). It is the same for any living being – for animals or yourself, large or tiny bodies!

The Details

Did you know that an injured body's nutritional requirements will increase due to the energy demands of healing? So to keep a healthy body condition and help the healing process, the injured horse has elevated requirements for both protein and energy, but also and very importantly, for certain trace minerals, vitamins and essential fatty acids such as Omega 3.

This might sound controversial but as long as starch and sugar levels are decreased, levels of fat and fibre can be increased to ensure the horse consumes enough 'healing' calories, but without taking in energy sources that could lead to excitable behaviour.

What protein should you feed that will not make your horse fizzy? Excellent options are alfalfa, beet

pulp (unmolassed), good quality hay and 'pure' linseed (not soya) oil, rather than proteins derived from cereal grains.

The Natural Choice

By choosing an intensive Omega 3 ingredient such as Ruggles & Stopitall's Maxavita Green Lipped Mussel tablets, the injured body can benefit from a vital increase in its OM3 polyunsaturated essential fatty acid (PUFA) intake and all without the risk of increasing cereals or fillers that are often included within OM3 products. Not only are OM3 PUFA's vital for good health (for helping the body better manage inflammation, injury, bone health, the immune system and general well-being), OM3 is also frequently deficient in both animals and humans.

The tablets are compact, crushable, without cereals, packed with OM3 and can be very fast-acting (7-10 days!). Research confirms that increasing OM3 intake (not OM6) helps bodies naturally deal with its healing process and helps reduce Omega 3 deficiencies. Thus supplementation is important for all injured bodies as well as for joints (including arthritis, bone issues with foals, competition bone stresses) and even after laminitis.

For information on all the Ruggles & Stopitall Ltd natural product ranges for humans and animals, visit www.karenruggles.co.uk or call 01823 259952.

In the NEWS with Equi-Ads

“Injury, Box Rest & OM3 to Hasten Healing”

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Equi-Ads launch new website

In June 2012 the new Equi-Ads website went live, boasting a whole host of new and exciting features including a competition section and an Equi-Homes section. It has also still retained all of the features from the previous site such as the Advertisers Directory and the Events section. So whatever your equestrian need, Equi-Ads online will be able to fulfil it.

To thank our readers for their continued support throughout the years, Equi-Ads are running a number of special offers on their website, including free classified adverts for a limited time.

To see what the new website has to offer go to www.equiads.net



All **blocked out/hidden** areas are text/names/descriptions that may contravene Veterinary Medicines Directorate (VMD) regulation; text within [] has been inserted by this office.

Many thanks to **Equi-Ads** magazine for their interest.
www.equiads.net