



October 2010

DOG'S TODAY

*Ruggles & Stopitall Ltd*

In the NEWS

[**ZOOM NOTE:** To clearly see this text, please use the '+' keys on the top of this screen to enlarge it to 100% or greater]

All **blocked out** areas are text/names/descriptions that may contravene Veterinary Medicines Directorate (VMD) regulation; text within [] has been inserted by this office.

Many thanks to **Dog's Today** magazine for their interest in our reply  
[www.dogstodaymagazine.co.uk](http://www.dogstodaymagazine.co.uk)

## Can you turn back the hands of time?

**I**t only seems a blink of an eye since my lovely Poppy was a pup, but there's no denying that she's getting old.

I'm usually a realist - I don't buy myself the really expensive face creams, but I'd pay almost anything to try to keep Poppy young!

Has anyone tried anything that has genuinely put a spring back into their old dog's step?

*Henrietta Newman, Rochester, Kent*

Beverley Cuddy, Editor, said...

[REDACTED]

**Karen Ruggles, Ruggles & Stopitall Ltd, said...**

I may not be able to comment, as I own a company that sells 'pure probiotics', but you may find them of interest on [www.karenruggles.co.uk](http://www.karenruggles.co.uk).

- \* Feed proper 'pure' probiotics - optimise the body's engine.
- \* Bolster omega 3 (not 6) - see section on the web for why this is so vital. The UK is still not really understanding the severity of this 'deficiency' and so many so-called OM3 products are not what they seem.
- \* Feed a mixture of selected wet feeds as well as dry (if you feed raw then ignore this bit!) - see the Ruggle-it 'Diet' section.

Good health comes from the body's ability to work optimally, so our ethos is: nourish the key engine components, and many other elements can then take care of themselves.